



**Respect**  
*For All*

**Ambitious**  
*In Aspirations*

**Bold**  
*In Actions*

“...with God all things are possible” Matthew (19:26)

PSHCE/RSE Overview

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p><b>Physical health and well-being</b></p> <p>Fun Times</p> <p>No Outsiders in our School</p> <p>To like the way I am</p>	<p><b>Keeping safe and managing risk</b></p> <p>Feeling Safe</p> <p>No Outsiders in our School</p> <p>To play with girls and boys</p>	<p><b>Identity, society and equality</b></p> <p>Me and others</p> <p>No Outsiders in our School</p> <p>To recognise that people are different</p>	<p><b>Drug, alcohol and tobacco education</b></p> <p>What do we put in our bodies?</p>	<p><b>Mental health and emotional well-being</b></p> <p>Feelings</p> <p>No Outsiders in our School</p> <p>To understand that we share the world with different people</p>	<p><b>Careers, financial capability and economic well being</b></p> <p>My money</p>

		To understand that our bodies work in different ways		
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<p>Year 2</p>	<p><b>Physical health and well-being</b></p> <p>What keeps me healthy</p> <p>No Outsiders in our School</p> <p>To understand what diversity is</p>	<p><b>Mental health and emotional well-being</b></p> <p>Friendship</p> <p>No Outsiders in our School</p> <p>To be able to work with everyone in my class</p>	<p><b>Sex and Relationships education:</b></p> <p>Boys and girls, families</p> <p>No Outsiders in our School</p> <p>To understand what makes someone feel proud</p>		<p><b>Keeping safe and managing risk</b></p> <p>Indoors and outdoors</p> <p>No Outsiders in our School</p> <p>To understand how we share the world</p>	<p><b>Drug, alcohol and tobacco education</b></p> <p>Medicines and me</p>
<p>Year 3</p>	<p><b>Drug, alcohol and tobacco education</b></p> <p>Tobacco is a drug</p> <p>No Outsiders in our School</p> <p>To find a solution to a problem</p>	<p><b>Keeping safe and managing risk</b></p> <p>Bullying: see it, say it, stop it</p> <p>No Outsiders in our School</p> <p>To understand what "discrimination" means</p>	<p><b>Mental health and emotional well-being</b></p> <p>Strengths and challenges</p> <p>No Outsiders in our School</p> <p>To be welcoming</p>	<p><b>Identity, society and equality</b></p> <p>Celebrating difference</p> <p>No Outsiders in our School</p> <p>To understand how difference can affect someone</p> <p>Use strategies to help someone who feels different</p>	<p><b>Careers, financial capability and economic well being</b></p> <p>Saving, spending and budgeting</p>	<p><b>Physical health and well-being</b></p> <p>What helps me choose?</p>

<p>Year 4</p>	<p>Identity, society and equality</p> <p>Democracy</p> <p>No Outsiders in our School</p> <p>To know when to be assertive</p>	<p>Drug, alcohol and tobacco education</p> <p>Making choices</p> <p>No Outsiders in our School</p> <p>To ask questions</p>	<p>Physical health and well-being</p> <p>What is important to me?</p> <p>No Outsiders in our School</p> <p>To be who you want to be</p>	<p>Keeping safe and managing risk</p> <p>Playing Safe</p> <p>No Outsiders in our School</p> <p>To overcome language barriers</p>	<p>Sex and Relationships education:</p> <p>Growing up and changing</p> <p>No Outsiders in our School</p> <p>To understand why people choose to get married.</p>	
<p>Year 5</p>	<p>Physical health and well-being</p> <p>In the media</p> <p>No Outsiders in our School</p> <p>To accept people who are different than me</p>	<p>Identity, society and equality</p> <p>Stereotypes, discrimination and prejudice (including tackling homophobia)</p> <p>No Outsiders in our School</p> <p>To recognise when someone needs help</p>	<p>Keeping safe and managing risk</p> <p>When things go wrong</p> <p>No Outsiders in our School</p> <p>To learn from our past</p>	<p>Mental health and emotional well-being</p> <p>Dealing with feelings</p> <p>No Outsiders in our School</p> <p>To appreciate artistic freedom</p>	<p>Drug, alcohol and tobacco education</p> <p>Different influences</p> <p>No Outsiders in our School</p> <p>To justify my actions</p>	<p>Careers, financial capability and economic well being</p> <p>Borrowing and earning money</p>

<p>Year 6</p>	<p>Sex and Relationships education:</p> <p>Healthy Relationships/How a baby is made</p> <p>No Outsiders in our School</p> <p>To consider how my life may change as I grow up</p> <p>To recognise my freedom</p>	<p>Drug, alcohol and tobacco education</p> <p>Weighing up risk</p>	<p>Identity, society and equality</p> <p>Human Rights</p> <p>No Outsiders in our School</p> <p>To promote diversity</p> <p>To stand up to discrimination</p> <p>To challenge racism</p>	<p>Mental health and emotional well-being</p> <p>Healthy Minds</p>	<p>Keeping safe and managing risk</p> <p>Keeping safe - out and about</p>
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