



Respect
For All

Ambitious
In Aspirations

Bold
In Actions

"...with God all things are possible" Matthew (19:26)

PSHCE/RSE Overview from EYFS to Year 6-‘No Outsiders’ runs throughout all year groups

In addition every year group covers online safety during the year. The school also has a complete firewall called ‘Smoothwall.’

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS2	Mental health- rules, friendship and control strategies	Physical Health-why exercise is important and how it keeps us healthy. Healthy eating	Society and Equality- Festivals. Differences between ourselves and others	Safer internet-Turn off and tell. Keeping information safe.	Keeping Safe- Road safety Visits from police and fire service	Mental health-transition to year 1-solving problems
Year 1	Physical health and wellbeing Fun times	Keeping safe and managing risk Feeling safe	Identity, society and equality Me and others	Drug, alcohol and tobacco education What do we put into and on to bodies?	Mental health and emotional wellbeing Feelings	Careers, financial capability and economic wellbeing My money
Year 2	Physical health and wellbeing What keeps me healthy?	Mental health and emotional wellbeing Friendship	Sex and relationship education Boys and girls, families	Sex and relationship education Boys and girls, families	Keeping safe and managing risk Indoors and outdoors	Drug, alcohol and tobacco education Medicines and me
Year 3 Water safety	Drug, alcohol and tobacco education Tobacco is a drug	Keeping safe and managing risk Bullying – see it, say it, stop it	Mental health and emotional wellbeing Strengths and challenges	Identity, society and equality Celebrating difference Keeping safe and managing risk	Careers, financial capability and economic wellbeing Saving, spending	Physical health and wellbeing What helps me choose?
Year 4 Water safety	Identity, society and equality Democracy	Drug, alcohol and tobacco education Making choices	Physical health and wellbeing What is important to me?	Keeping safe and managing risk Playing safe	Sex and relationship education Growing up and Changing	Sex and relationship education Growing up and Changing
Year 5	Physical health and wellbeing In the media	Identity, society and equality Stereotypes, discrimination and prejudice (including tackling homophobia)	Keeping safe and managing risk When things go wrong	Mental health and emotional wellbeing Dealing with feelings	Drug, alcohol and tobacco education Different influences	Careers, financial capability and economic wellbeing Borrowing and earning money Sex and relationship education Growing up and changing
Year 6	Sex and relationship education Healthy relationships / How a baby is made	Sex and relationship education Healthy relationships / How a baby is made	Drug, alcohol and tobacco education Weighing up risk BIKEABILITY	Identity, society and equality Human rights	Mental health and emotional wellbeing Healthy minds	Keeping safe and managing risk Keeping safe - out and about Mental health and emotional wellbeing Transition to high school