

# Looking for advice, support or emergency assistance?

There are services in Stockport to help you

## Financial Support, Loans and Savings

### Specialist Debt Advice

For help with multiple debts, insolvency options or an emergency issue visit:

[www.stockport.gov.uk/debt-advice](http://www.stockport.gov.uk/debt-advice)

### Citizens Advice Stockport

Adviceline: **0808 278 7803** or out of hours emergency helpline: **0161 850 5053** (6-9pm everyday); Online at [www.casort.org](http://www.casort.org)

### Stockport Credit Union

Apply online for a 24/48 hour turnaround.

[www.stockportcu.com](http://www.stockportcu.com)

## Urgent Financial Support

### Universal Credit Helpline

**0800 328 5644** if something is wrong with your benefits payment.

### Stockport Council Support Funds

Visit <https://www.stockport.gov.uk/financial-support-in-a-crisis> for emergency help with food, whitegoods, school uniforms, rent and fuel bills.

### Help with Council Tax and Benefits

Visit <https://www.stockport.gov.uk/topic/benefits>

## Housing Support

### Stockport Homes Housing Options

Support with rent, mortgages, rough sleeping, and homeless emergencies. Call **0161 217 6016** or visit [stockporthomes.org/contact](http://stockporthomes.org/contact)

### Stockport Homes Housing Support Service

Advice and support for vulnerable people

Tel: **0161 474 3773**; e-mail:

[housingsupport.team@stockporthomes.org](mailto:housingsupport.team@stockporthomes.org)

### The Wellspring

Resource centre for homeless and disadvantaged people. Online at: [www.thewellspring.co.uk](http://www.thewellspring.co.uk)

Contact by phone: **0161 477 6344** or email:

[info@thewellspring.co.uk](mailto:info@thewellspring.co.uk)

### The Prevention Alliance

Advice and support for vulnerable people

**0161 474 1042** or email to

[info@stockporttpa.co.uk](mailto:info@stockporttpa.co.uk)

## Help with Food

### Stockport Foodbank

**07483 115349** for a direct referral or email to

[foodbank@stockportfoodbank.org.uk](mailto:foodbank@stockportfoodbank.org.uk)

Locations: Bredbury, Cheadle, Cheadle Heath, Hazel Grove, Heaton Norris, Offerton and Reddish

### Chelwood Foodbank

**0161 883 1792** Monday – Friday, 10am – 4pm or email to [info@chelwoodfoodbankplus.org](mailto:info@chelwoodfoodbankplus.org)

Locations: Cheadle Hulme, Brinnington, Edgeley

### Foundations Your Local Pantry

Community food stores at Bridgehall, Brinnington, Lanc Hill, Mottram Street and Woodley, helping people to access affordable food. Family memberships now available. Call **0161 474 4760** or sign up at [your-local-pantry.force.com/s/member-sign-up](http://your-local-pantry.force.com/s/member-sign-up)

### Alternative Foodbanks (Direct Access Only)

Small-scale foodbanks for those living in the local community. **Marple Foodbank** (All Saints, Queen St, Marple): Sat 10:00 – noon; **Gatley Foodbank** (Bethany Church, Church Road, Gatley): Mon/Wed 14:00 – 15:00; Sat 9:30-noon

## Career Advice

### Stockport Council Jobs Club

For help with CVs, job searching, job applications, interview prep and other advice, make an appointment by calling: **0161 474 3873** or **0161 474 5801** or email to [adminsolc@stockport.gov.uk](mailto:adminsolc@stockport.gov.uk)

### Stockport Jobs Match

Job listings, training and career advice online at:

[stockport-jobsmatch.co.uk](http://stockport-jobsmatch.co.uk)

### Stockport Homes Employment Support

Job searching, CV writing, interview prep, and careers advice online at:

[www.stockporthomes.org/employment-support](http://www.stockporthomes.org/employment-support)

Contact by calling **0161 474 3773**

or email to:

[employmentsupport@stockporthomes.org](mailto:employmentsupport@stockporthomes.org)

### Stockport Homes Skills for Life + Training

Employment, well-being and community themed training sessions for Stockport residents online at:

[www.stockporthomes.org/skills-for-life-plus](http://www.stockporthomes.org/skills-for-life-plus)

Contact by calling **0161 474 2862** or email to

[customer.training@stockporthomes.org](mailto:customer.training@stockporthomes.org)